



NATURAL Veterinary Diet

Enhanced with Vitamins,
Minerals and Other Nutrients

BLUE BUFFALO CASE STUDY

Managed with:

W+U Weight Management
+ Urinary Care

Chronic Obesity in a Terrier Mix

Dr. Bob Porter, Conway Veterinary Hospital, Orlando, FL

Signalment: Lily, a 7-year-old Terrier Mix Dog, spayed female



Presentation

Figure 1. Lily at her peak weight of 26.5 pounds.



Day 30

Figure 2. Lily broke through weight loss plateau.



Day 90

Figure 3. Lily at her target weight.

HISTORY: The patient presented for morbid obesity and difficulty walking and taking stairs. Weight gain began approximately three years prior to presentation, when the patient's diet was changed to Purina Pro Plan Veterinary Diet NF Kidney Function to manage urolithiasis and subsequent surgical stone removal. In addition to offering the new diet free choice, the pet owner began supplementing human food. Lily's weight peaked at 26.6 pounds, over 60% above her healthy weight of 16-17 pounds. Dasuquin and intermittent NSAIDs were prescribed for mobility issues.

The pet owner's daughter took ownership and implemented a weight loss plan, including eliminating table scraps entirely, increasing physical activity, and reducing the quantity of Purina Pro Plan Veterinary Diet NF Kidney Function. However, despite the pet owner's best efforts, Lily's weight plateaued at 20.5 pounds, still well above her target weight.

INITIAL FINDINGS

- Body condition score 5/5
- 20.5 pounds (target weight 16-17 pounds)
- Arthritis

DIAGNOSIS

- Chronic obesity
- Historical Urolithiasis

MANAGEMENT

- Switched food to BLUE Natural Veterinary Diet™ W+U Weight Management + Urinary Care for dogs
- Continue exercise
- Continue NSAIDS and joint supplements

30-DAY RECHECK

- 18.8 pounds (1.7 pounds lost)
- Owner reported that Lily was very active, wanted to take long walks and could go up and down the stairs without any signs of discomfort

(See Figure 2.)

90-DAY RECHECK

- Lily reached target weight at 16.5 pounds
- Body condition score 3/5
- No evidence of stone reformation

(See Figure 3.)

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MANAGEMENT

- Maintain BLUE Natural Veterinary Diet™ W+U

120-DAY RECHECK

- Owner reports Lily appears satiated after meals and diet acceptance remains high
- Body condition score 3/5

CLIENT COMMENTS

I was excited to find a food for Lily that not only transformed her weight, but also helps keep her from getting more bladder stones. And she loves the food! While she tolerated the Pro Plan NF, she was never very excited about it. With her new food (BLUE Natural Veterinary Diet™ W+U Weight Management + Urinary Care), she's acting like a puppy again and doing great!



Learn more about BLUE Natural Veterinary Diet formulas
Call 888-323-BLUE or visit BLUEVetConnect.com





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